My name is Nahom Debretsion, Iam bornin Asmara Eritrea, a country in the Horn of Africa Eritrea in 05/1987.I am the youngest in my very large family and have five brothers and eight sisters. I start my elementary school in Dogoli, Asmara in 1994 and my middle school in Arbaete Asmara from1999 to 2001 and from 09/2001until eleventh grade of06/2005 i finish my highschool in Asmara Issak Tewelde Medhin. After this all I want to Sawa to complete my twelve’s grade. The school where they sent me for the final high school year (Grade 12) is to prepare for military service while completing my education. But Sawa qualifies as a military training camp, a detention and torture facility.

The torture committed over me in Sawa takes on various perverse forms:one of many is called the “helicopter”, they stripped me, hands and feet bound and tied to a tree, hanging, or raised above the ground so I forced to stand on my toes for hours on end.With hands still bound to the tree you are then forced to the ground to endure up to 24 hours of the unbearably hot sun and cold night, desperately willing your punisher to have mercy. If you are lucky the punisher will allow you a short break for meals or to use the toilet.

At all, the reality is that torture continues to be used as a weapon against perceived dissents with the psychological result of instilling fear